

PARKSIDE MIDDLE SCHOOL

STOURBRIDGE ROAD, BROMSGROVE B61 0AH

Headteacher Mrs N Mancini, BA (Hons), QTS, NPQH

Tel: 01527 873660 Email: office@parkside.worcs.sch.uk Website: www.parkside.worcs.sch.uk

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Dear Parent/Carer

I am delighted to inform you that we will, once again, be taking part in and supporting the national Antibullying week campaign, which this year will take place from Monday 14th to Friday 18th November.

Bullying behaviour affects millions of lives and can leave a person feeling devastated. But it doesn't have to be this way. If we challenge it, we can change it, and it starts by Reaching Out.

Reaching Out is the theme for this year's Anti-Bullying week and whether at school, home, in the community or online, reaching out for support or to give support to others is so important. From teachers to parents and influencers to politicians, we all have a responsibility to help each other Reach Out. Together, we can be the change we want to see, reflect on our own behaviour, set positive examples, and create kinder communities. We need to bring more kindness into the world and impact people in a more positive and uplifting way. Spreading a ripple of kindness begins with each and every one of us and will help make the world a better place.

Parkside is very pleased to be marking this week and theme this year, working together to reach out and stop bullying behaviour.

Throughout the week, pupils will explore what bullying is and what we can do to help stamp it out. We hope that at the end of the week, the children will have a sound understanding of what bullying is, the different roles and forms it can take and that they can offer their suggestions and ideas to help us prevent and tackle any incidents that may occur.

One of the activities we would like to support as part of Anti-Bullying week is Odd Socks Day, a day to celebrate that we are all unique. On this day we ask that children wear odd socks to school, which this year will take place on Monday 14th November. Last year over 13,000 schools took part in Odd Socks Day. Andy Day, a presenter on CBeebies and CBBC, and his band *Andy and the Odd Socks* are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year.

The day sends an important message to pupils that they should be allowed to be themselves, free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way. We would very much like to mark this day at Parkside and invite the children to come to school wearing odd socks. Please note, they should wear normal uniform or PE Kit as per their timetable, it is just socks that can be different! No donation is required, we just would like to show our solidarity with and support of such an important national campaign.



As a school we establish and maintain an environment where children feel secure, are listened to and encouraged to talk.

Parkside Middle School is committed to safeguarding and the PREVENT strategy and promoting the welfare of children and young people. We expect all staff and volunteers to share this commitment. Pupils learn to accept and uphold our fundamental British values. Pupils will also have the opportunity to purchase bookmarks promoting the central theme of the week at a cost of 20p.

We very much hope that your child will have a great week and enjoy supporting and learning about such an important issue.

Yours faithfully,

Mrs Persich Anti-Bullying Lead Pastoral Manager